



Applicant Information

Applicant Name	Applicant Email	Affiliation	Country
Mr Boame Anane Agyenan	agyemankwadwo14@gmail.com	University of Health and Allied Sciences	Ghana

Abstract Details

Title:

HEALTHCARE-RELATED COST ON COMORBIDITY DIABETES AND HYPERTENSION IN HOHOE MUNICIPALITY, GHANA

Category:

Non-communicable diseases including mental health

Authors:

Boame Anane Agyeman and Dr. Mawuli Komla Kushitor (Supervisor)

Objectives:

This study explores the cost of living among comorbid diabetes and hypertension patients accessing care at the Volta Regional Hospital, Hohoe.

Method:

A qualitative approach was used, involving in-depth interviews with 17 patients from the hospital’s wellness clinic. Participants included both male and female adults receiving services at the diabetic and hypertensive clinic. The data was analyzed thematically, and the findings were presented through a descriptive narrative.

Results:

Six main themes emerged: financial outlay, management costs, decreased productivity, adaptive strategies, psychosocial health, and life satisfaction. Patients with chronic conditions often face substantial expenses for medication, food, and transportation, leading to influence financial stress. This financial burden affects their ability to maintain physical activity, adhere to dietary recommendations, and sustain work productivity. Many participants reported emotional distress, including worry, anxiety, and depression, which negatively impacted their social interactions and led to social withdrawal. The ongoing financial strain also diminished their overall quality of life, reducing social engagement and independence.

Conclusion:

The study underlines the high financial burden of managing diabetes and hypertension in Hohoe Municipality. The demand for better access to healthcare and financial support continues. It emphasizes the need for enhanced healthcare services, policy changes, health education, and further research to support affected individuals and reduce long-term healthcare costs. Collaborative efforts with the Ministry of Health are essential to improving health outcomes and the quality of life for people in the community.

Submission Date:

2024-09-06 14:58:30