

Citation:

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Challenges faced by primary caregivers in managing children with clubfoot at Komfo Anokye Teaching Hospital (KATH).

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Objectives:

Caring for a child with clubfoot in Ghana presents significant challenges for caregivers, especially in regions with limited resources. A lack of research on these specific challenges, particularly in Ghana, motivated a study to examine the difficulties faced by caregivers in managing their children's clubfoot at Komfo Anokye Teaching Hospital.

Methods:

A cross-sectional study design with a convenient sampling method was used to recruit 66 caregivers. An adapted structured questionnaire, from Alyana and colleagues (2018), to assess the various challenges in three categories; parental, community, and clinical was used. Data was analyzed using descriptive statistics with SPSS 27, and a significance level of p

Results:

Most caregivers were females (65.2%), aged 31–40 years (31.8%), married (54.5%), employed (57.6%), and had secondary-level education (37.9% Senior High School). Key parental challenges included lack of knowledge about the condition (47.0% had average knowledge), financial burdens (84.8%), and a lack of emotional support (66.7%). Community challenges were prevalent, with 89.4% experiencing stigma and 97.0% facing transportation difficulties. Clinically, a high percentage of caregivers missed or delayed appointments (95.5%) and struggled with adherence to bracing/physiotherapy (69.7%). Key barriers to accessing care were long waiting times (41.4%) and the distance to the health facility (31.2%). Despite these challenges, there was a high degree of satisfaction with provider communication (100% found providers helpful) and overall satisfaction with care (92.4%).

Conclusion:

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